



Sheraton[®]
STAMFORD HOTEL

Good Morning



Good Morning

Choose a Little, Choose a Lot

At the Breakfast Table 20.00

Seasonal fruits and berries, yogurt, steel cut oatmeal, cereal favorites, granola, scrambled eggs, smoked bacon, sausage links, breakfast potatoes, bakery selections, bagels with cream cheese

Selection of breakfast juices, freshly brewed Starbucks® coffee and assorted Tazo® teas

Energize Your Day

Berry and Yogurt Parfait

Layered with flaxseeds and all-natural granola 7.00

Steel Cut Oatmeal

Sun-dried raisin and cinnamon pecan compote 6.00

Cereal Favorites

Choose from an array of classics or crunchy granola with seasonal berries or sliced banana 6.00

Pineapple Mango Smoothie

Orange juice and Greek yogurt 5.00

Early Favorites

Hot Iron Griddled Belgian Waffle

Golden deep-pocket waffle, whipped cream, warm maple syrup and strawberries 11.00

Golden Buttermilk Blueberry Pancakes

Warm maple syrup and whipped butter 11.00

Chef's Omelet

Three eggs packed with cured ham, sauteed sweet onions. aged swiss and cheddar served with crisp golden hash brown potatoes and choice of toast 12.00

Grilled Ham and Eggs

Two eggs done your way, crisp hash browns and choice of toast substitute bacon or sausage 12.00

Power Up

Egg White and Spinach Omelet

Folded with white cheddar cheese and oven cured tomatoes choice of fresh fruit or golden hash brown potatoes 12.00

Scrambled Egg Biscuit Sliders

Freshly baked biscuit, breakfast sausage, and cheddar cheese 10.00

Scrambled Egg White and Roasted Turkey Wrap

Jack cheese, spinach and oven cured tomatoes served with a bowl of berries 10.00

The Side Plate

A Big Bowl of Berries

A bright mix of seasonal favorites 7.00

Smoked Bacon, Breakfast Sausage Links or

Grilled Ham 5.00

A Cup of Low-Fat Yogurt

Berries, fruit or plain 6.00

Crispy Hash Brown Potatoes 5.00

Toasted Bagel with Philadelphia® Cream Cheese

Low-fat or regular 5.00

The Bakery Basket

A buttery croissant, daily muffin, your choice of English muffin, sourdough, multi-grain, rye or white toast with jam, honey and butter 7.00

Beverages

Juice

Orange, grapefruit, apple, cranberry. or tomato 4.00

Starbucks® Coffee

Cappuccino 5.00

Latte 5.00

Espresso 4.50

Freshly Brewed Regular or Decaffeinated 4.50

Milk

Non-fat, 2%, whole, chocolate or soy 4.50

Tazo® Tea

Choose from a selection of hot teas 5.50

An 18% gratuity will be added to all parties of 8 or more.

*Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of food borne illness.

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